



7-Day Round Malta & Gozo Sailing Holiday

ALL YEAR AROUND

Comfort, Relaxation and Fun!

Malta - Heart of Mediterranean Sea

Embark on a 7-day sailing escape around Malta and Gozo, designed for those who love sailing, swimming, and sightseeing—without the demands of long offshore passages. Whether you're a seasoned sailor or a first-time adventurer, this trip offers the perfect mix of exploration and comfort for solo travelers, couples, and groups.

Covering 100 nautical miles over 7 days at a comfortable pace, you'll sail through stunning bays, historic harbors, and picturesque coastal villages, with plenty of time to swim in crystal-clear waters, savor local cuisine, and immerse yourself in Malta's rich culture.

- **More time for sightseeing & dining**

Unlike intensive mile-builders, this trip allows you to step ashore, visit historic sites, and try authentic Maltese cuisine.

- **Swim in turquoise waters**

Drop anchor in secluded bays for daily swimming, snorkeling, and sunbathing.

- **No prior sailing experience needed**

Ideal for those looking to learn, improve skills, or just relax while an experienced skipper guides the way. Therefore you can join as Competent Crew course as well.

7-Day Mile Builder

★ 4.9 rating of 47 reviews



Bavaria 46C - 4 cabins



Saturday - Friday



14 - 65 years old



3 - 8 people onboard



100 Nautical Miles



All year available



Manoel Island Yacht Marina

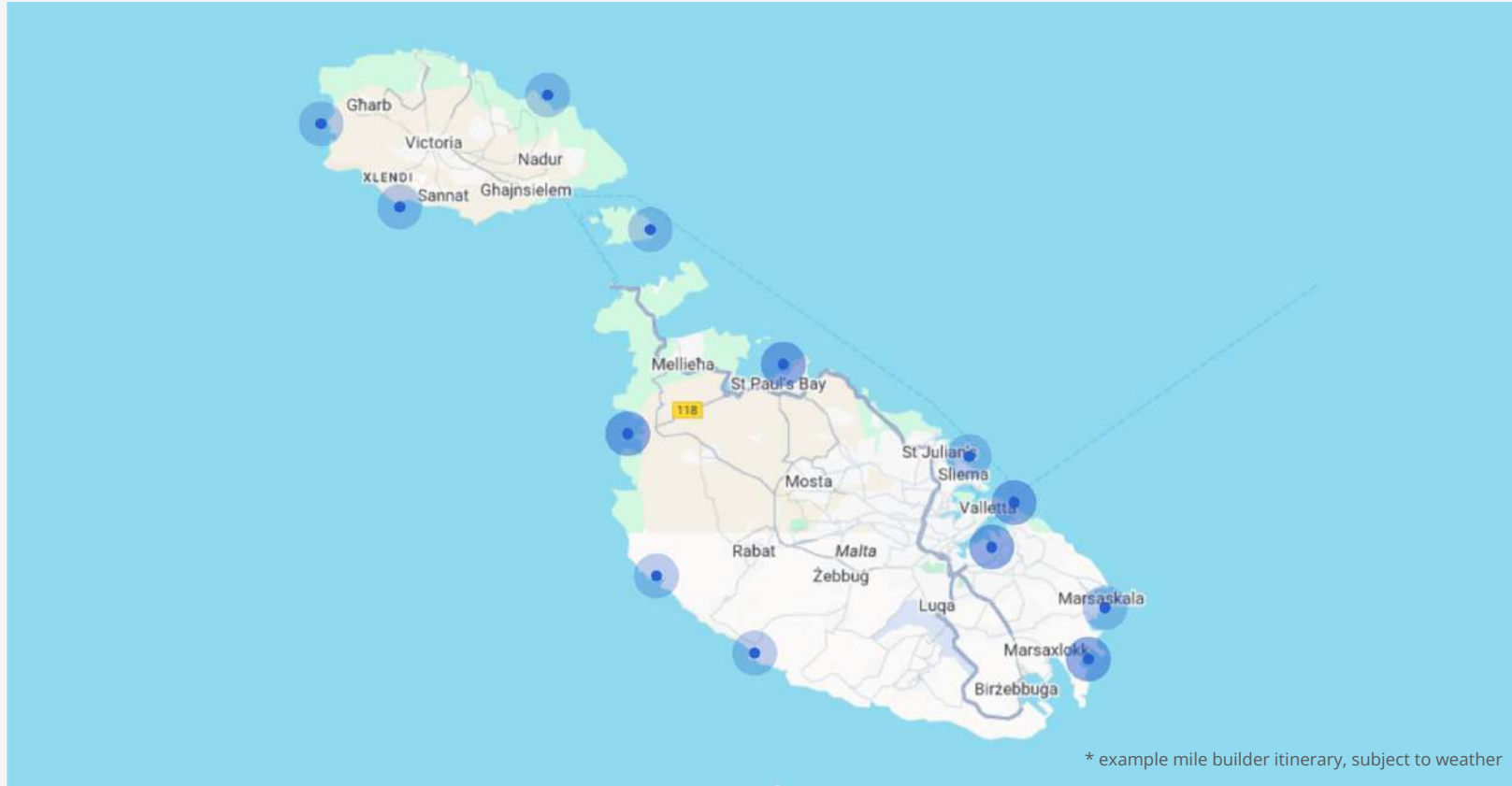


No assumed knowledge

[Send us an enquiry](#)

Different ports to visit

A region in the central Mediterranean known for its rich history, stunning coastlines, and vibrant sailing traditions



* example mile builder itinerary, subject to weather

1 2 3 4 5 6 7 8 9 10 11 12



A Scenic Stop on Your Sailing Journey

Malta - Balluta Bay

1 2 3 4 5 6 7 8 9 10 11 12



A Historic Gem for Sailors

Malta - The Three Cities

1 2 3 4 5 6 7 8 9 10 11 12



A Tranquil Anchorage with History & Scenic Views

Malta - St. Paul's Bay

1 2 3 4 5 6 7 8 9 10 11 12



A Sailor's Paradise of Crystal-Clear Waters

Comino - Blue Lagoon

1 2 3 4 5 6 7 8 9 10 11 12



Gozo's Iconic Coastal Wonders

Gozo - Azure Window & Blue Hole


1 2 3 4 5 6 7 8 9 10 11 12



Gozo's Golden Beach Haven

Gozo - Ramla Bay

1 2 3 4 5 6 7 8 9 10 11 12



Gozo's Breathtaking Coastal Wonder

Gozo - Dwejra Bay

1 2 3 4 5 6 7 8 9 10 11 12



A Colorful Seaside Film Set

Malta - Popeye Village

1 2 3 4 5 6 7 8 9 10 11 12



Malta's Highest and Most Breathtaking Coastal Views

Malta - Dingli Cliffs

1 2 3 4 5 6 7 8 9 10 11 12



Malta's Most Spectacular Sea Caves

Malta - Blue Grotto

1 2 3 4 5 6 7 8 9 10 11 12



Malta's Iconic Fishing Village

Malta - Marsaxlokk

1 2 3 4 5 6 7 8 9 10 11 12



A Natural Swimming Haven

Malta - St Peter's Pool



Passage Planning & Navigation

- Planning the route before departure, taking into account weather, tides, currents, hazards, and stopovers.
- Identifying way points, adjusting course, and ensuring the passage is safe and efficient.



Night Sailing & Watchkeeping

- Sailing in darkness with limited visibility using navigation lights, radar, AIS, and chart plotters.
- Watchkeeping involves standing shifts (watches) during long passages, where crew members rotate roles.



Sail Handling & Trim Optimization

- Adjusting sails to maximize speed, efficiency, and comfort based on wind conditions.
- Understanding how different sail settings affect the boat's performance.



Heavy Weather Sailing & MOB

- Techniques to handle strong winds, rough seas, and unexpected squalls.
- Using storm sails, heaving-to, deploying drogues, and managing crew fatigue.
- Practicing man-overboard drills.



Anchoring & Mooring Techniques

- Learning how to safely anchor in different seabed conditions.
- Mooring in various settings, including marinas, pontoons, and mooring buoys.



Radio Communication & COLREGS

- Using VHF radio to communicate with harbor masters, coast guards, and nearby vessels.
- Understanding Collision Regulations (COLREGS) for right of way at sea.







Typical Itinerary (one week cruise)

A perfect mix of relaxed sailing, stunning bays, cultural exploration, and delicious Maltese cuisine. Sail around 100 nautical miles, stopping at hidden gems, iconic landmarks, and scenic anchorages, with plenty of time to swim, dine, and explore.

1

Day 1: Arrival in Valletta – Balluta Bay & The Three Cities (~5NM)

-  Route: Manoel Island Yacht Marina → Balluta Bay → The Three Cities → Manoel Island Yacht Marina
- Morning arrival at Manoel Island Yacht Marina & meet the crew. Safety Brief.
- Short sail to Balluta Bay, a scenic spot in St. Julian's, where crew can have lunch.
- Enjoy a swim stop and admire the historic Balluta Church and promenade.
- After lunch, sail into Grand Harbour, passing Fort St. Elmo.
- Some docking and anchoring practice and boat handling exercises, focusing on precision and control.
- Explore Valletta & The Three Cities (Birgu, Senglea, Cospicua).
- Dinner at a traditional Maltese restaurant, such as Nenu the Artisan Baker (famous for Maltese ftira).
- Optional drinks at Bridge Bar, known for its jazz nights.
-  Overnight: docked at Manoel Island Yacht Marina







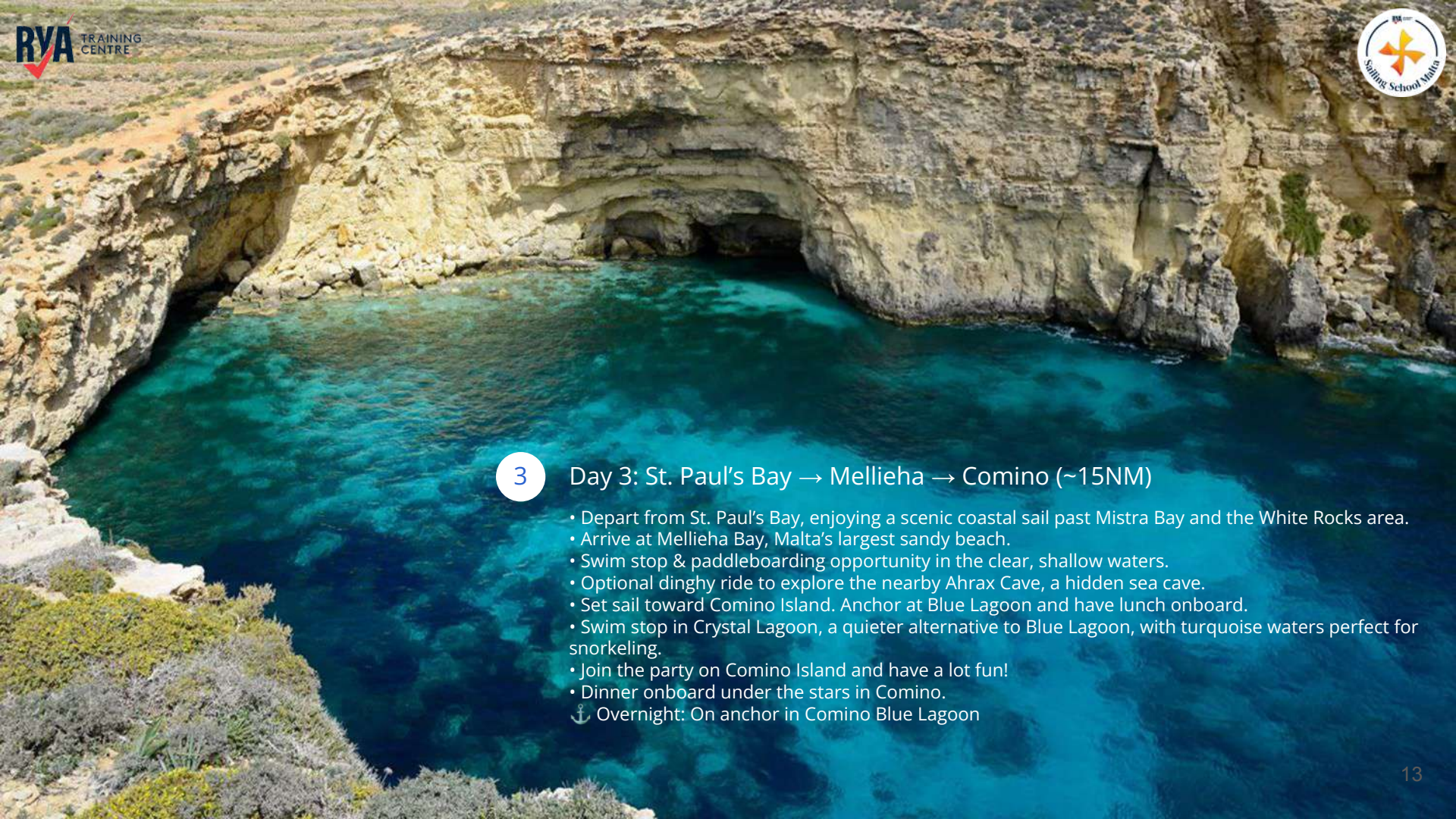
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Day 2: Valletta → St. Paul's Bay (~15NM)

- Depart from Manoel Island Yacht Marina, sailing past Sliema & St. Julian's coastline.
- Anchor at St. Paul's Bay, where the Apostle Paul was shipwrecked.
- Optional hike to the Red Tower (Torri L-Ahmar) for panoramic views.
- Visit Malta National Aquarium, and enjoy sunset at Cafe de Mar
- Explore Bugibba's seafront promenade and enjoy dinner at Tatraron (Michelin-recommended).
- 🚢 Overnight: At anchor in St. Paul's Bay or Xemxija Bay







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Day 3: St. Paul's Bay → Mellieha → Comino (~15NM)

- Depart from St. Paul's Bay, enjoying a scenic coastal sail past Mistra Bay and the White Rocks area.
- Arrive at Mellieha Bay, Malta's largest sandy beach.
- Swim stop & paddleboarding opportunity in the clear, shallow waters.
- Optional dinghy ride to explore the nearby Ahrax Cave, a hidden sea cave.
- Set sail toward Comino Island. Anchor at Blue Lagoon and have lunch onboard.
- Swim stop in Crystal Lagoon, a quieter alternative to Blue Lagoon, with turquoise waters perfect for snorkeling.
- Join the party on Comino Island and have a lot fun!
- Dinner onboard under the stars in Comino.
- ⚓ Overnight: On anchor in Comino Blue Lagoon







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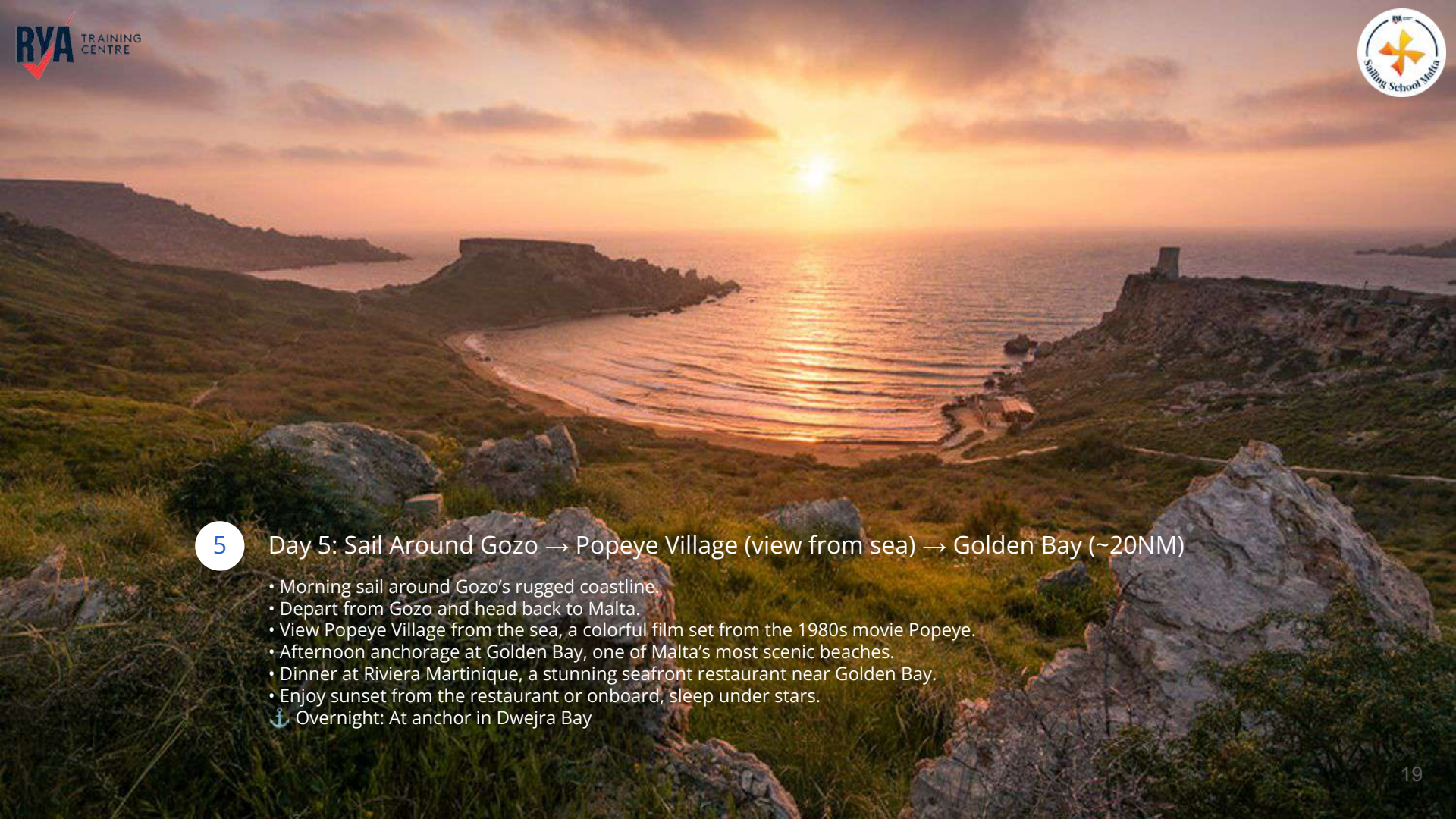
Day 4: Comino → Explore Gozo → Ramla Bay (~10NM)

- Morning sail to Mgarr Marina, Gozo, a charming harbor.
- Explore Victoria & The Citadel, Gozo's historic fortress.
- Optional local tour by jeep or e-bike, visiting:
 - Xwejini Salt Pans (traditional sea salt production).
 - Dwejra Bay, home to the Blue Hole.
- Afternoon sail to Ramla Bay, famous for its red sand beach.
- Dinner onboard at anchor, enjoying the peaceful surroundings.

🚢 Overnight: At anchor in Ramla Bay







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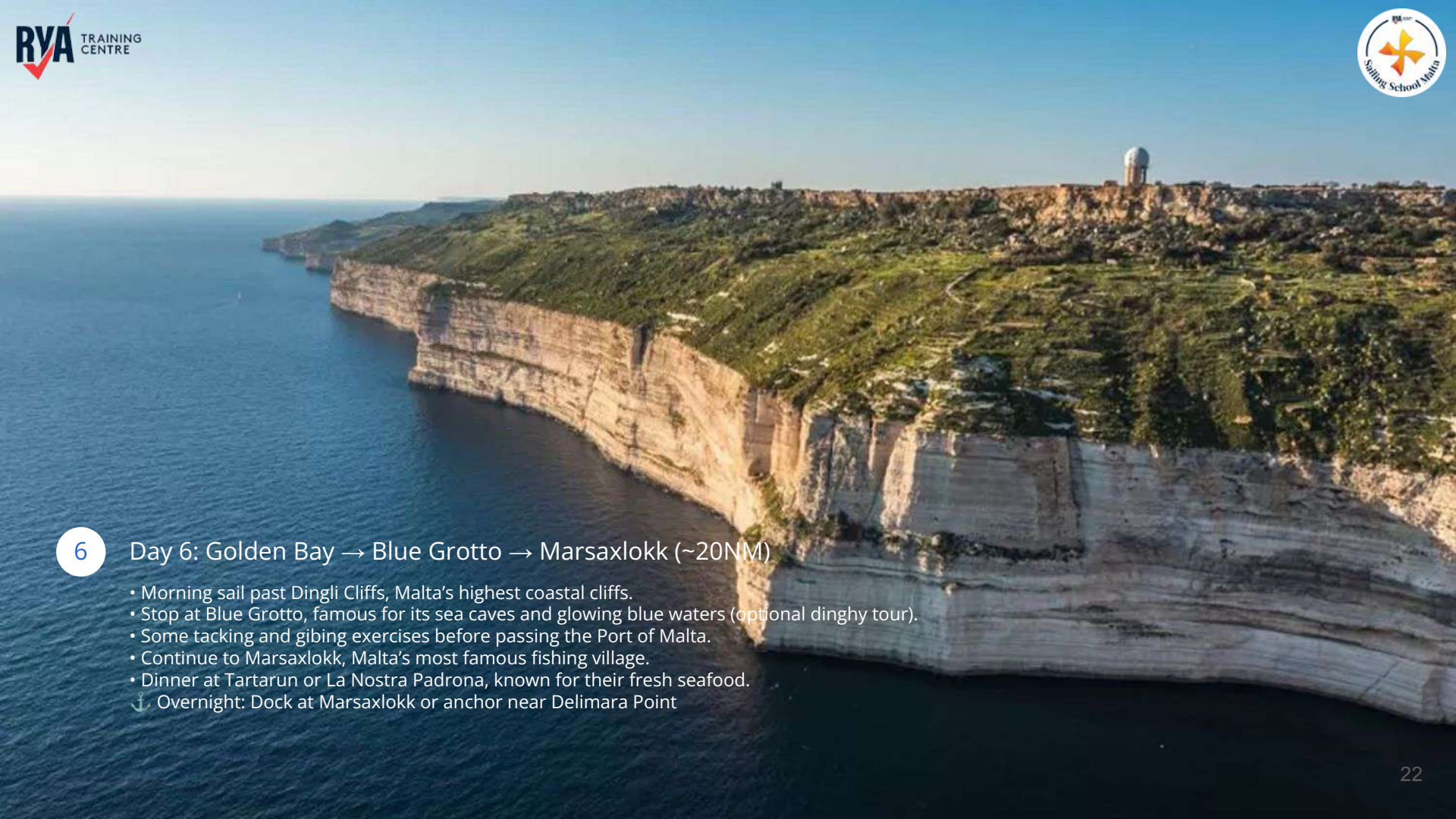
Day 5: Sail Around Gozo → Popeye Village (view from sea) → Golden Bay (~20NM)

- Morning sail around Gozo's rugged coastline.
- Depart from Gozo and head back to Malta.
- View Popeye Village from the sea, a colorful film set from the 1980s movie Popeye.
- Afternoon anchorage at Golden Bay, one of Malta's most scenic beaches.
- Dinner at Riviera Martinique, a stunning seafront restaurant near Golden Bay.
- Enjoy sunset from the restaurant or onboard, sleep under stars.

📍 Overnight: At anchor in Dwejra Bay







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Day 6: Golden Bay → Blue Grotto → Marsaxlokk (~20NM)

- Morning sail past Dingli Cliffs, Malta's highest coastal cliffs.
- Stop at Blue Grotto, famous for its sea caves and glowing blue waters (optional dinghy tour).
- Some tacking and gibing exercises before passing the Port of Malta.
- Continue to Marsaxlokk, Malta's most famous fishing village.
- Dinner at Tartarun or La Nostra Padrona, known for their fresh seafood.
- Overnight: Dock at Marsaxlokk or anchor near Delimara Point







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Day 7: Marsaxlokk → St. Peter's Pool → Valletta (~15NM)

- Final Sail to Manoel Island Yacht Marina
- Morning swim at St. Peter's Pool, a stunning rock formation with crystal-clear waters.
- Anchored at Hofriet bay for some brunch or snack. A great place to do some snorkeling and paddling.
- Or visit Marsaxlokk Market - The Famous Sunday Fish Market in Malta and having lunch there.
- Leisurely sail past Delimara Point & Fort St. Elmo, returning to Valletta.
- Arrival in Manoel Island Marina in the afternoon, with time for a farewell meal before check-out.









Bavaria 46ft Cruiser 2007

4 cabins, 2 heads, 9 berths with furling main and front sail, GPS, radar, full RYA/MCA inventory

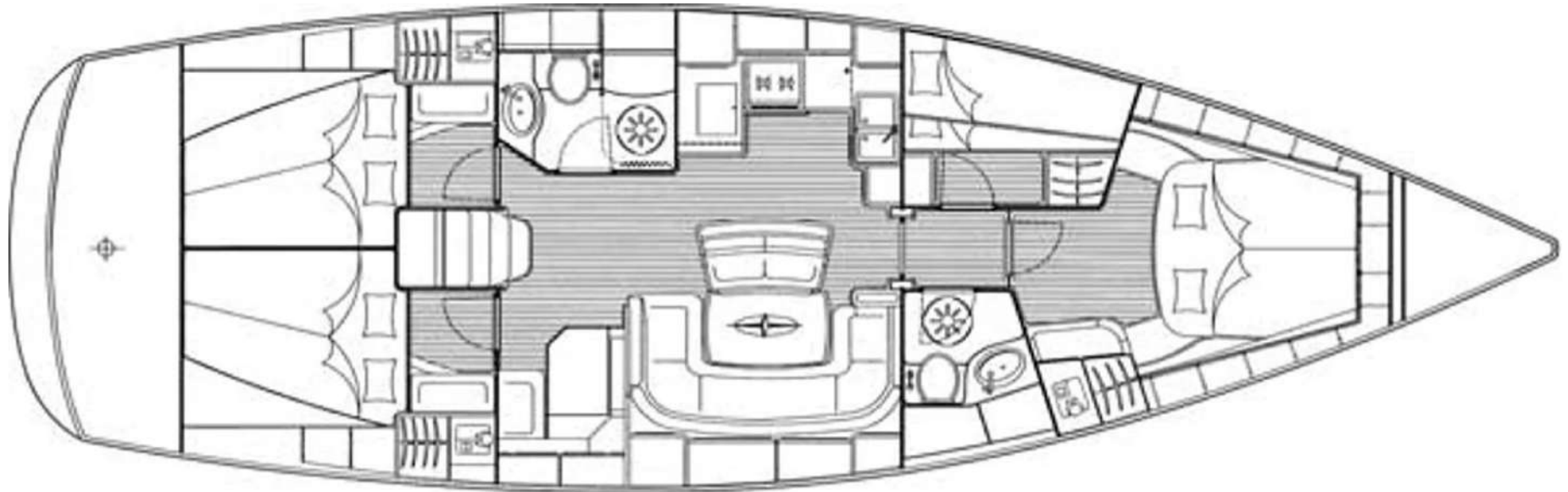


A Perfect Blend of Comfort, Performance, and Quality

Spacious Accommodations

Seaworthiness and Handling

A Yacht That Inspires Confidence



What's included



Accommodation onboard



Opportunity to practice navigation, passage-making, and mooring techniques.



Food provision and soft drink



Free WiFi onboard



Safety gear and wet weather clothing.



RYA recognized Instructor



All necessary bedding and towels



Final cleaning



A mix of short coastal hops and longer passages.



Fuel

What's not included



Marina fee, shared by crew, subject to passage



Restaurant onshore